

# BEND BEER RUN



**ALPINE**  
Physical Therapy & Spine Care



## SATURDAY, JUNE 26, 2010

### NOON START



This 3 mile course will begin and end at the *Bite of Bend* event at Bond and Minnesota. Along the way, there will be 2 beer stops serving beer from Cascade Lakes Brewing and a ticket for a beer at the *Bite of Bend* after the race. All participants must be 21 or older and must present a valid ID at the event registration.

<p><b>COURSE:</b></p> <p>A “nearly” 3 mile run through downtown bend including the pedestrian bridges in Drake Park and Columbia Park.</p>	<p><b>REGISTRATION:</b></p> <p>\$20 for Registration prior to June 18<sup>th</sup>, \$25 week of the race. All participants will receive a Bend Beer Run Tech T-shirt. Send or drop off entry forms to WillRace Performance Training Studio, 2753 NW Lolo Drive, Bend OR 97701</p>	<p><b>BEER STOPS:</b></p> <p>Mile 1 near the corner of Columbia and Harmon. Mile 2 in Drake Park.</p>
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### PACKET PICK UP/REGISTRATION PARTY:

**Cascade Lakes Lodge - June 25<sup>th</sup>**

4PM to 7PM, ID required. We strongly recommend packet pickup at this event to avoid race day chaos! Race Day pickup/last minute registration available day of the event starting at 10:30 AM on the corner of Minnesota and Bond (ID required)

**QUESTIONS? CONTACT 541.350.3929**

Proceeds will be donated to:



Entry Form (Please Print)

Name: \_\_\_\_\_ T-Size\*: S M L XL Age \_\_\_\_\_ Gender \_\_\_\_\_

Email \_\_\_\_\_ Phone \_\_\_\_\_ City \_\_\_\_\_

\*t-shirt sizes cannot be guaranteed for registrations less than 10 days prior to event.

I accept all physical and legal risks involved in participating in this run, including weather, traffic, and conditions of the course, and my medical ability to complete this race, and pre- and post-event activities. In consideration of accepting this entry, I hereby waive and release Alpine Physical Therapy, WillRace Performance Training studio, Cascade Lakes Brewing Company, Lay It Out Events, and any other sponsors, organizers, volunteers, and affiliates from any claim or loss, damage, or injury which I, or my dependents, heirs or assigns may have in any way arising from my participation in this run, including any loss, damage or injury resulting from the negligence of any or all of them. Further, I hereby grant full permission to any and all of the foregoing to use any photographs, motion pictures, recordings, or any other record of this event for any legitimate purpose including commercial advertising. I have read and understood the waiver of liability appearing above and I indicate my acceptance of the above waiver by signing below.

Signature \_\_\_\_\_